

Sharing the Caring

In Huntsville and Madison County



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Jan Brewer

Volunteer Coordinator

Sherry Bryant

Volunteer Staff

Currently 84
Dedicated Volunteers

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As we close out 2011, we have so many things to be thankful for. Lives were touched by many acts of kindness from Friends, Inc. volunteers. Let's glance back before moving forward into 2012. In 2011, Friends, Inc. provided volunteer support to over 175 clients. This does not include the many referrals made to other organizations, or items donated from our food and medical lending closet. Our volunteers donated 2,789 hours of their time and drove over 25,777 miles. Volunteers provided and delivered Thanksgiving dinners to 62 families. During the Christmas holidays our donors provided the means to purchase gift cards to all 125 of our patients, which were greatly appreciated. We joined hands with Home Instead again this year and our volunteers delivered Christmas gifts to 85 of our elderly patients. We hosted a Volunteer Appreciation Banquet where Bill Bodden was awarded the title of Volunteer of the Year.

The most exciting thing I want to share with you is the new addition of our handicapped accessible van. By providing this service we have enabled wheelchair patients the opportunity to go to much needed medical and physical therapy appointments, and business transactions, etc. Riding in our van is always more than just a ride; it is a "friend", aiding and assisting our patients in and out of the house and to their destination. One of our van clients said to volunteer Jim Vann, "You're not my volunteer, you're **my friend**".

Closing out the old year and moving rapidly forward into the new year, I would like to express to you from the bottom of my heart how very much we thank you for being a part of this caring organization that continues to do good works in this community. Lives are touched and changed daily by your ongoing support.

May you always have love to share, health to spare, and Friends that care.



Let me be the first to introduce "Hope On Wheels".

Jan Brewer



Volunteer Jim Daniel and patient Carolena Bryant, stopping by to say hello on their way home from a medical appointment.



Sherry Bryant, Volunteer Coordinator

Did you know that volunteering improves your health? Do you want to find the Fountain of Youth? You can! It turns out that people who volunteer stay healthier and live longer than people who don't. According to *Prevention* magazine and two studies from John Hopkins University, volunteering helps to keep you in shape by burning extra calories; makes you happy because you have found more satisfaction in your life

and have a higher self-esteem; builds brainpower by decreasing your risk of Alzheimer's disease; and reduces pain and makes you more mobile. If you are ready to enjoy all the benefits of volunteering but aren't sure exactly where to start, please call Friends, Inc. We will be happy to help you improve your health while you dramatically make a positive difference in the lives of those in need.

HAPPY BIRTHDAY VOLUNTEERS!

DECEMBER

Judy Berry
Barbara Daniel
Sallie Estes
Linda Ganey
Bill Greer
Marla Hayden
Ray Kelly
Karen Madison
Carolyn Whatley

JANUARY

Dudley Brewer
Terry Bryant
Mary Dickerson
Anne Dillard
Joe Estes
Pat Golley
Sandra Ingalls
Roland Roberts
Meg Tilden
Mike Voisin
Judy Wilson

FEBRUARY

Carroll Dailey
Tina Greer
Hazel Gregory
Dale Griggs
Cindy Huntley
Kim Huskey
Doreen Jurgielewicz
Jo Ann Malcolm
Mary McDonald
Mary McQuinn

WELCOME NEW VOLUNTEERS!

Linda DeLancey, Joe Estes, Della Evans,
Bill Greer, Tina Greer, Marla Hayden,
Lew Ingalls, Sandy Ingalls, Bob Pierce,
Gia Scheutz, Mike Voisin, Beverly Young

Sherry Bryant



My Volunteer Story by Dr. Patti Patrick



When Hurricane Katrina hit New Orleans in August of 2005, my apartment of 32 years was destroyed, along with all of my belongings. With nothing but "the shirt on my back" I came to Huntsville to stay with family until I could get my life resettled. Many people in this area assisted me in that endeavor: my family, my friends, my niece and nephew and their friends, Salvation Army, Huntsville Utilities, Red Cross, Home Depot, and even strangers that I will never meet personally.

I decided then that the least I can do is to pay my help forward by helping others in need. **Volunteering with Friends, Inc.** has allowed me to do just that.

The surprising thing about volunteering is the unexpected reward that comes from those needing the volunteer's services. Some clients are so spunky, in spite of their particular situations, that I come away feeling better that day. Other clients have such good attitudes in the face of daunting challenges that I come away feeling that my own situation is minimal compared to what that person faces. Then there is the astonishment at how some clients consistently plod on in the face of overwhelming odds, sometimes even beating the disease confronting them.

Volunteer work is a win-win situation. Someone who needs help gets it, and the person giving that help receives an inner sense of usefulness. The most healing thing that one can pass to another is to stop and do some act of caring. I remain grateful to all those who helped me put my life back together. It is my desire to do the same through volunteering with Friends, Inc.

In Loving Memory of

Ms. Cloe Bush, Mrs. Reba Lombard, Mr. Alexander Ortell, Mrs. Gwen Smith, Mrs. Evelyn Wigginton

Thank you for allowing Friends, Inc. to be a part of their lives.

Memorials, Honor Gifts, and Donations

In Honor of Mrs. Debbie Bordelon
Given By: Mrs. Kathy Albers

In Honor of Mrs. Pat Golley
Given By: Mr. and Mrs. Fred Applegate

In Memory of Mrs. Paulette Bell
Given By: Mr. and Mrs. Ken Barfield

In Memory of Mrs. Georgia Heffington
Given By: Mr. and Mrs. Ken Barfield

In Memory of Mr. Marvin Brewer
Given By: Mr. and Mrs. Gary Berry

In Memory of Ms. Ann Koontz
Given By: Mrs. Laura Binger

In Memory of Mrs. Opal Glover
Given By: Mrs. Cindy Boyd

In Honor of Dr. and Mrs. Tom Griggs
Given By: Dr. and Mrs. Pat Burlison

In Memory of Ms. Ann Koontz
Given By: Mr. and Mrs. James Daniel

In Memory of Mrs. Margaret Connell
Given By: Mrs. Doreen Foster

In Honor of Dr. and Mrs. Bob Moorman
Given By: Dr. and Mrs. Robert Hale

In Memory of Mr. Christopher Griggs
Given By: Mr. and Mrs. William Herrin

In Memory of Mr. Christopher Griggs
Given By: Mr. and Mrs. Michael Hoger

In Memory of Mr. Robby Guffey
Given By: Mr. and Mrs. Chad Johnson

In Memory of Mrs. Cynthia P. Smith
Given By: Mr. and Mrs. Chad Johnson

In Honor of Mr. and Mrs. Robert Reynolds
Given By: Mr. and Mrs. Bill Kibler

In Honor of Mr. and Mrs. Robert Reynolds
Given By: Mr. Charles Kibler

In Memory of Mr. Christopher Griggs
Given By: Mr. and Mrs. Don Laurine

In Honor of Mr. and Mrs. Bob Doyle
Given By: Mr. and Mrs. Don Laurine

In Honor of Mr. and Mrs. Roy Martin
Given By: Mr. and Mrs. Don Laurine

In Honor of Mr. and Mrs. John Lynn
Given By: Mr. and Mrs. Don Laurine

In Memory of Mrs. Marie Lowe
Given By: Mayfair Lifegroup

In Memory of Mr. Sidney Layne
Given By: Mrs. Helen McBride

In Memory of Mr. Joe B. May
Given By: Mrs. Jewel May

In Memory of Dr. Moore
Given By: Mrs. Helen McBride

In Honor of Mr. Joshua Corlew
Given By: Mr. Roland Roberts

In Memory of Mr. Christopher Griggs
Given By: Dr. and Mrs. James McMurray

In Memory of Mr. James Powell
Given By: Mrs. Marie Powell

In Honor of Mrs. Laura Binger
Given By: Tennis & Bridge Girls

In Memory of Mr. and Mrs. Clarence Boyett
Given By: Mr. and Mrs. Denny Sissom

In Honor of Mr. and Mrs. Bob Reynolds
Given By: Mr. David Stearns

In Memory of Mr. Warren Sockwell
Given By: Mrs. T.C. Yarbrough

In Memory of Mr. William H. Johnson
Given By: Mrs. T.C. Yarbrough

In Honor of Mr. and Mrs. Rick Leonard
Given By: Mr. Richard Wiley

In Memory of Mrs. Ann Koontz
Given By: First Christian Church

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We want to say thank you to all our supporters.
Your gifts do make a difference!

**SHARING THE CARING
IN HUNTSVILLE AND
MADISON COUNTY**



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RETURN SERVICES REQUESTED

CFC #40931



YOUR DONATIONS CAN HELP THOSE WHO ARE SERIOUSLY ILL OR DISABLED

Providing Friends For Those In Need

- Transportation
- Errand Assistance
- Respite Care
- Friendly Visits
- Lending Closet
- Handicap Van



It is our mission to provide support to patients with serious illnesses or disabilities, enabling them to maintain their independence through caring volunteers.